

And is the empty tomb  
I stood in front of was me  
would I call it death?  
Or would I call it resurrection?  
much clearer that I live it.  
O happy emptiness!  
It's what I need a lot of to be  
full.



Rolling stones  
is what it is all about  
but Resurrection  
is another name.

Be patient with each other's stones .  
Jesus was gentle with Thomas' stone  
Peter had to roll away some stones in his life too.

The call continues  
We are called  
to help others experience the Resurrection  
to help them break out of their tombs.  
Of course, that means  
we'll have to break forth  
from our tombs first.

We'd look kind of silly preaching  
from inside our tombs,  
wouldn't we?  
Macrina Wiederkehr

**What stones do I need to 'roll away to break through the  
tomb to new life'?**



## Hope in the Future

### Reflection Five

### He Risen from the dead



**This is our Passover feast,  
When Christ, the true Lamb, is slain,  
whose blood consecrates the homes  
of all believers.**

**This is the night,  
when first you saved our fathers:  
you freed the people of Israel  
from their slav'ry,  
and led them dry-shod  
through the sea.**

**This is the night,  
when the pillar of fire  
destroyed the darkness of sin.**

**This is night,  
when Christians ev'ry where,  
washed clean of sin and  
freed from all defilement,  
are restored to grace and**



grow together in holiness.

This is the night,

when Jesus broke the chains of death  
and rose triumphant from the grave.

Accept this Easter candle,  
a flame divided but undimmed,  
a pillar of fire that glows  
to the honour of God.

Let it mingle with the lights of heaven  
and continue bravely burning to  
dispel the darkness of this night!

May the Morning Star which never sets  
find this flame still burning:  
Christ, that Morning Star,  
who came back from the dead,  
and shed his peaceful light on all  
mankind, your Son,  
who lives and reigns  
for ever and ever. Amen.

The Exultet: Holy Saturday Night



For me to grow in in Holiness I need to.....

**Gospel: John 20:1-9**

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.'

So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was

cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

**Second reading**

**Colossians 3:1-4**

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.



For me to be alive with the life of the Risen Lord means...

I give thanks to the Risen Lord especially for....

**On Rolling Stones Away**

Where are my stones?  
What are their names?  
Would I know them if  
I came face to face with them?