

Holy Mass

A guide to taking part in Mass remotely

Suggested tips on how to prepare...

We conclude the prayer saying;

For the kingdom, the power and the glory are yours now and for ever.

Lord Jesus Christ, who said to your Apostles; Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

Amen.

The peace of the Lord be with you always.

And with your spirit.

(Normally here the priest would invite everyone to exchange a sign of peace. At this time a sign of peace is not exchanged although we can internally express our desire to share Christ's peace with one another).

Breaking of the Bread

During the breaking of the host, the following is said;

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb. *(Together we respond)*

Lord I am not worthy that you should enter under my roof but only say the word and my soul shall be healed.

(During this time, when we cannot receive Holy Communion, we can make an Act of Spiritual Communion)

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

The Concluding Rites and Blessing

The Lord be with you

And with your Spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Amen

The Dismissal

Go forth, The Mass is ended. OR

Go and announce the Gospel of the Lord OR

Go in peace, glorifying the Lord by your Life Or

Go in peace *(and we respond)*

Thanks be to God.

- Find a quiet room.
- Gather with your family if you can.
- Light a candle.
- Invite the Holy Spirit into your hearts as you prepare to pray together with the priest and the whole Community.
- Think of what you want to pray for during Mass .



The Introductory Rites

The priest may read the entrance antiphon or invite us to sing a hymn.

All make the Sign of the Cross as the Priest says;

In the name of the Father and of the Son and of the Holy Spirit.

Amen

The Lord be with you.

And with your spirit

Penitential Act:

(The Priest invites us to the Penitential Act):

Brethren (brothers and sisters), let us acknowledge our sins and so prepare ourselves to celebrate the sacred mysteries.

**I confess to almighty God and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints and you, my brothers and sisters,
to pray for me to the Lord our God.**

The absolution by the Priest follows:

May almighty God have mercy on us, forgive us our sins and bring us to everlasting life. **Amen.**

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy
Lord, have mercy	Lord, have mercy

The Gloria

This is said on Sundays (outside Advent and Lent), Solemnities and Feast Days:

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only-begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us, you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Eucharist Prayer

(Extending his hands the Priest says)

The Lord be with you.

(The Priest raising his hands, continues);

Lift up your hearts.

(The Priest, with hands extended, adds):

Let us give thanks to the Lord our God.

(The Priest will continue with the Preface.....)

And with your Spirit.

We lift them up to the Lord.

It is right and just.

(The Priest concludes with the Preface with people singing/saying aloud);

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

(After this the people kneel for the remainder of the Eucharistic Prayer).

After the words of the Consecration the priest says;

The mystery of faith

The Priest invites us to proclaim the mystery of faith and we all say;

We proclaim your Death, O Lord, and profess your Resurrection until you come again. OR

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again. OR

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

The priest continues with the Eucharistic prayer up to the "Doxology" (Through Him, with Him and in Him...) after which we all say, Amen.

The Communion Rite

At the Saviours command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

The Priest continues;

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, *At the words that follow, up to and including 'and became man', all bow.* and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Prayers of the Faith (Bidding Prayers)

(At the end of each intention, there is a pause while we pray)

One of the responses may be:

Lord, in your mercy.

Hear our prayer.

The Liturgy of the Eucharist

The Offertory

When the Priest has received the bread and wine for the celebration, he offers prayer of blessing quietly at the altar. Sometimes these prayers are said aloud. And our response would be:

Blessed be God for ever.

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

The Priest will say the prayer over the offering and we respond; Amen.

The Collect

Let us pray.

(We pray in silence with the Priest for a while. Then the Priest says the Collect prayer, at the end of which we will say); Amen.

The Liturgy of the Word

First Reading

The word of the Lord

Thanks be to God

Psalm

(After the first reading, the Psalm is sung/said —the people will sing/read the response)

Second Reading

(Sundays ,Solemnities and Feast Days)

The word of the Lord

Thanks be to God

Gospel Acclamation

We stand to sing/say the Gospel Acclamation to welcome the Gospel.

We will remain standing in honour of the Gospel reading, the high point of the Liturgy of the Word.

(Outside Lent we welcome the Gospel with Alleluia but during Lent, this will change to: Glory to you, O Christ, you are the Word of God).

The Gospel

The Lord be with you

And with your spirit.

A reading from the holy Gospel according to N.

Glory to you, O Lord

(In the outward sign of crossing our forehead, lips, and heart, we are asking that the Word of God to pierce our mind, lips, and hearts).

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Nicene Creed (The Profession of Faith)

(On Sundays and Solemnities, the Profession of Faith will follow. On most occasions it is the Nicene Creed, However, and especially during Lent and Easter Time, the Apostles' Creed may be used.)

**I believe in one God, the Father almighty, maker of heaven and earth,
of all things visible and invisible.**



The glory of Christ shines out when the Sacred Scriptures are read at Mass