

ADVENT 2022 - PRAYER AND ACTION CALENDAR

Every day of Advent try and find some quiet "thinking and praying time" at home - read the little idea in the box and think about it. You can always talk to other family members about the ideas! Make sure you are really ready for Jesus at Christmas!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week One	<p>27 November Why not make an Advent wreath? You can find ideas online, or just draw and cut out four candles and "light" them by colouring in the flame!</p>	<p>28 November Word for the week: HOPE Not including presents (!) what are YOU hoping for? What are you looking forward to at Christmas?</p>	<p>29 November Think of Mary today, when the angel came to visit her: how did she feel? Was she worried or afraid? What would she have said to God in her prayers?</p>	<p>30 November Can you bring hope to someone struggling in our world? Perhaps find some money to take to Church to give to CAFOD.</p>	<p>1 December Think of something you can do to help a homeless person today - perhaps get something to take to Church or for a foodbank!</p>	<p>2 December Think about Saint Joseph for a moment today: how did he feel, looking after Mary, travelling to Bethlehem, finding no room at the inn?</p>	<p>3 December After the angel left her, Mary went to help Elizabeth her relative: think of a way to help a member of your family today.</p>
Week Two	<p>4 December Today at Church we hear about John the Baptist: his message was simple: "Be ready for Jesus!" Draw a picture of John the Baptist!</p>	<p>5 December Word for the week: PEACE Some people in our world are facing Christmas in wartime: we pray them, that Jesus may bring peace.</p>	<p>6 December St Nicholas was a very kind bishop who lived hundreds of years ago, remembered for giving gifts to help other people: can you give a gift to help someone?</p>	<p>7 December Make five minutes of peace and quiet at home today, and use it to pray for peace in our world, especially in Ukraine and anywhere else where there is war.</p>	<p>8 December We should make peace wherever we can: can you be a peacemaker at school or home today? Ask Mary, Jesus' mother, to help you!</p>	<p>9 December Sometimes we have to say "Sorry" at this time of year, if we have been selfish or greedy. Think for a moment if you need to say sorry.</p>	<p>10 December Look on a map or Google and find Bethlehem, and work out how far Mary and Joseph had to walk from Nazareth!</p>
Week Three	<p>11 December This is "Rejoice Sunday"! Make a special personal card or gift for someone at home today - or find some other way to make someone happy!</p>	<p>12 December Word for the week: JOY Everyone should be joyful at Christmas, but sometimes it's hard. Pray for people who are sad this week.</p>	<p>13 December On Saint Lucy's Day (today!) in some countries children get up first and bring light to their families. Do something nice to light up your home today!</p>	<p>14 December Spend a moment today thinking about this: WHY did God send Jesus to our world? And why did he come as a baby in Bethlehem?!</p>	<p>15 December Many children have nothing at Christmas: say a prayer today for children who are refugees or asylum seekers fleeing war.</p>	<p>16 December Say a prayer today for people who are lonely at Christmas, or for those who have just received some sad news.</p>	<p>17 December Only a week to go! Find five minutes today and make sure you know the story of how Jesus was born.</p>
Week Four	<p>18 December Think about Mary today: what did she feel knowing she was soon going to have a baby? And that her baby was the Son of God?</p>	<p>19 December Today is the last day to post second class stamp Christmas cards! Is there someone you should send a card to?</p>	<p>20 December Word for the week: LOVE Write a list of people who love you and say a prayer for them today.</p>	<p>21 December You can put up your crib at home today if you haven't already - but leave the baby Jesus hidden somewhere safe until Saturday night!</p>	<p>22 December Colour in the pictures on the back of this calendar, to help you think of the story of how Jesus was born.</p>	<p>23 December Families will be very busy today! Make sure you do something to help out at home!</p>	<p>24 December Tonight Jesus is born! Remember to say a "Thank You" prayer when you go to bed!</p>

