





Welcome
Lorraine Leonard



Opening Prayer – Fr Michael Deas

Dear Mother of God,
we are gathered together
to unite our hearts
to the heart of your Son and your heart.

We begin a special time
where we want to strengthen
the bonds of love within our family.
Implore for us the Holy Spirit.

May He teach us today,
to confidently walk the same path
as the Holy Family of Nazareth.
We give to you all that we are and have,
our daily challenges, our children,
and our unity and faithfulness as a couple.
We want to feel safe in your motherly hands,
and united to your Son
renew our faith, hope and love.

Dear Mother, stay with us
and teach us to walk with you,
and with your Son Jesus.
May we always walk with each other
and with our children.

Amen.





Introduction

MCs



Input from the panel

Fr Bryan Cunningham and Matthew & Marianne Barnes



The Religious Importance



**Many of us have
been born into a
Catholic Family**





**Who is your living
symbol of the
world of God?**



The Experience of Love in
the family opens our
hearts to receive faith

**The Importance of a
father in the home is
that he is the one to
show us who God is**



God's grace, his healing
touch and his Holy Spirit in
our lives are much greater
than our bad experiences



1. God transforms our lack of fatherly love into a hunger for fatherly love that leads us closer to God





**2. God gives us someone who
can be like a father to us**



Children experience that they are loved for themselves and that love is always ready to forgive

**Brothers and Sisters in our family remind us that the
Church is the Family of God**



The Hunger for Community and Connection





Reflection Questions

1. How has lockdown affected your Marriage & Family life?
2. How has lockdown affected your Faith & Mental wellbeing?
3. What practical ideas do you have to support family life, faith and communication during this time?



Small Group Discussion

Breakout rooms



Feedback and Q&A's

MCs



Mental Health Support

Mental Health Foundation – Kindness Matters Guide

www.mentalhealth.org.uk

Mind – For Better Mental Health

www.mind.org.uk

Premier Christian Helpline for chance to speak and for prayer

0300 111 0101



Safeguarding Support

Diocese of Salford Safeguarding Office

Dawn.Lundergan@dioceseofsalford.org.uk

Catherine.Taylor@dioceseofsalford.org.uk

or call 0161 817 2206

Samaritans

www.samaritans.org or call 116 123

Emergency if you feel someone is at risk

Do not delay in contacting the police, using 999



Next Steps

Fr Bryan Cunningham

September 2020

Possible 'Family is Sacred' course/training

Spring 2021

'Family is Sacred' offered in parishes/deaneries around the Diocese

Get Involved!

If you would like to help, please email
hope@dioceseofsalford.org.uk



Closing Prayer & Blessing – Fr Michael Deas

God our loving Father,
we thank you, for blessing our parish with all that we need,
to respond to our vocation to be a missionary community in our locality.
We thank you for all our parish members who, in response to your call,
give of themselves so freely to enrich our parish life in the ways of love
and service. We ask you now, to pour out afresh the gifts of your Spirit
upon each one of us that we may be inspired to serve you in new and
creative ways as missionary disciples, bringing your Light to the world.
We ask your blessing upon us as we journey together in hope,
through Christ Our Lord.
Amen.



HOPE
IN THE FUTURE

