

Home energy saving behaviours

Adopting some simple energy saving behaviours can make a big difference to your bank account and the planet. By being more conscious about the energy we use, together we can make great changes to help the environment.

Some like it hot

Hot water accounts for **12%** of a typical household's energy bill. Set your controls to give you enough hot water at the right temperature when you want it. We suggest a minimum temperature of 60 degrees.

Dry your clothes outside

Use a clothesline in the summer months – drying your clothes outside can save an average of **£60** a year.

Wash at 30 degrees

Setting your washing machine to wash at 30 degrees rather than higher temperatures will use around 57% less electricity than washing at higher temperatures. Save **£14** and **11kg of CO₂**.

Drop a degree

Turning your central heating thermostat down by 1 degree could save you **£105** and **310kg of CO₂** every year. (Based on turning down a room thermostat from 22 degrees to 21 degrees in the main living areas).

Switch off

Even with energy efficient light bulbs you can still save by switching off lights when not in use. Save **£6** per year and **5kg of CO₂**.

Draw the curtains

Drawing the curtains at dusk will help keep draughts out, keeping your home warmer for less.

Avoid standby

A typical household could save up to £55 a year by switching electrical appliances off at the wall when not in use, rather than leaving them switched on all the time.

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- the figures are not used to insinuate any endorsement of a particular product
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Savings based on a typical three-bedroom semi-detached gas heated house, with an 88% efficient gas boiler and average gas tariff of 7.37p/kWh and electricity tariff of 28.34p/kWh. Correct as of April 2022.