



HOLY HOUR TO LAUNCH STAGE 4 OF HOPE IN THE FUTURE



Introduction

Hymn during Exposition of the Blessed Sacrament

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Will you come and follow me
if I but call your name?
Will you go where you don't know
and never be the same?
Will you let my love be shown,
will you let my name be known,
will you let my life be grown
in you and you in me?

Will you leave your self behind
if I but call your name?
Will you care for cruel and kind
and never be the same?
Will you risk the hostile stare
should your life attract or scare,
will you let me answer prayer
in you and you in me?

Will you let the blinded see
if I but call your name?
Will you set the prisoners free
and never be the same?
Will you kiss the leper clean
and do such as this unseen,
and admit to what I mean
in you and you in me?

Will you love the 'you' you hide
if I but call your name?
Will you quell the fear inside
and never be the same?
Will you use the faith you've found
to reshape the world around
through my sight and touch and sound
in you and you in me?

Lord, your summons echoes true
when you but call my name.
Let me turn and follow you
and never be the same.
In your company I'll go
where your love and footsteps show.
Thus I'll move and live and grow
in you and you in me.

Period of silence, prayer, reflection

Hope in the Future Prayer

God our loving Father, we thank you, for blessing our parishes with all that we need, to respond to our vocation to be missionary communities in our localities. We thank you for all our parish members who, in response to your call, give of themselves so freely to enrich our parish life in the ways of love and service. We ask you now to pour out afresh the gifts of your Spirit upon each one of us that we may be inspired to serve you in new and creative ways as missionary disciples, bringing your Light to the world. We ask your blessing upon us as we journey together in hope, through Christ Our Lord Amen.

Hope in the Future Anthem

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Show us, lead us, ignite in us a flame
Take us on a journey, help us surrender to
your name
And stay with us Lord as we commit to
your call
With faith renewed and gratitude.
May your light burn in our souls
And lead us to deep trust in you.

Your blessing on us we do seek
Let not our hearts and minds grow weak
Instead, evangelise and speak news of
our glory and salvation
Let it spread to all the nations
Shining out from deep within.

Holy Spirit Come. May our hearts be one.

Prayer of thanksgiving for volunteers

Period of silence, prayer, reflection

Scripture *John 20:19-22*

Hymn

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God's Spirit is in my heart,
He has called me and set me apart.
This is what I have to do,
what I have to do.

*He sent me to give the Good
News to the poor,
Tell prisoners that they are
prisoners no more,
Tell blind people that they can see,
And set the downtrodden free
And go tell everyone the news that the
Kingdom of God has come,
And go tell everyone the news that the
Kingdom of God has come.*

Just as the Father sent me,
So I'm sending you out to be
My witnesses throughout the world,
The whole of the world.

Don't worry what you have to say,
Don't worry because on that day
God's Spirit will speak in your heart,
Will speak in your heart.

Reflections

*Is evangelisation a priority in my life and
parish?*

*Do I see myself as a Missionary Disciple
and ambassador for Jesus?*

*Am I excited by Pope Francis' vision for
the Church?*

*What difference has Faith made in my
life? What is stopping me from sharing it
with others?*

*Am I truly open to the Holy Spirit working
through me?*

*Lord, who do you want me to share you
with today?*

Period of silence, prayer, reflection

Intercessions

Commissioning of Missionary Disciples

Lord Jesus, you said, 'I must proclaim the
Good News of the Kingdom of God: this is
what I was sent to do'. As the Church, and
as Your Missionary Disciples, we say...

**R/ We must proclaim the Good News of
the Kingdom of God: this is what we
were sent to do.**

Lord Jesus, at Pentecost, you sent us the
promised Holy Spirit to empower us for
this Mission to be your witnesses in the
World. Come Holy Spirit, fill the hearts of

your faithful and kindle in them the fire of
your love...

**R/ Send forth your Spirit and You shall
renew the face of the earth.**

The Lord does not disappoint those who
take this risk; whenever we take a step
towards Jesus, we come to realize that he
is already there, waiting for us with open
arms. Now is the time to say to Jesus:

**R/ Here I am once more, to renew my
covenant with you. I need you. Save me
once again, Lord, take me once more
into your redeeming embrace.**

Period of silence, prayer, reflection

Benediction

© St Thomas Aquinas, Geoffrey Chapman

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et iubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio.
Amen.

O Sacrament Most Holy *Traditional*

O Sacrament most Holy,
O Sacrament Divine,
All praise and all thanksgiving,
Be every moment Thine.

Closing Hymn

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*I will be with you wherever you go.
Go now throughout the world!
I will be with you in all that you say.
Go now and spread my word!*

Come, walk with me on stormy waters.
Why fear? Reach out, and I'll be there.

And you, my friend, will you now leave me,
or do you know Me as your Lord?

Your life will be transformed with power
by living truly in My name.

And if you say: 'Yes, Lord, I love You.'
then feed My lambs and feed My sheep.