



DEVELOPING & SUPPORTING **SCHOOL &** **PARISH LINKS**

LIVING THE SUNDAY EUCHARIST



Video 1 – A Journey through Mass: The Introductory Rites with Fr Richard Howard

Video link – <https://youtu.be/4e7N59vtFzk>

1. MEETING JESUS IN OUR WELCOME

Entrance Procession/Opening Hymn – The priest and altar servers process to the sanctuary to symbolise that we have gathered from different places, but we are all going to the same place, the altar of the Lord. A hymn may be sung to accompany this.

Sign of the Cross & Greeting – By making the Sign of the Cross we make a profound statement of faith, that we believe in God the Father, God the Son and God the Holy Spirit and we mark our bodies as a reminder of Jesus' cross. The priest greets the assembly and the assembly the priest, a reminder that Jesus is present in us all.

Penitential Act – We take a moment to reflect on our lives and ask again for God's mercy. We prepare for Mass by being honest, humble and aware of our need for God.

Gloria – Having received God's mercy, we can now praise God, echoing the angel's song at the birth of Christ. The Gloria is said/sung on Sundays and feast days.

Collect/Opening Prayer – This prayer is called "Collect" because in the silence after "Let us pray" we are to collect our thoughts and prayers for Mass.



DISCUSSION & REFLECTION QUESTIONS

Before the video

- How do you prepare for Mass?
- Do you make the Sign of the Cross prayerfully or out of habit?
- What does Mass mean to you?

After the video

- Something I have learnt today about the Mass is...
- I can now prepare for Mass by...
- The Sign of the Cross becomes a prayer for me when...

For more information and resources visit www.dioceseofsalford.org.uk/parishes/school-links/