



DEVELOPING & SUPPORTING **SCHOOL &** **PARISH LINKS**

LIVING THE SUNDAY EUCHARIST



Video 3 – A Journey through Mass: The Liturgy of the Eucharist with Fr Paul Daly

Video - <https://youtu.be/ePf6Wy-vfgM>

3. MEETING JESUS IN OUR OFFERING

Preparation of the Gifts – The gifts of bread and wine are brought forward to altar and a hymn may be sung.

Prayers over the Offerings – The priest blesses and praises God for these gifts.

Eucharistic Prayer – Prayed by the priest where he asks the Holy Spirit to transform the gifts of bread and wine into the Body and Blood of Jesus.

The Lord's Prayer – A prayer to God the Father given to us by Jesus.

Sign of Peace – A symbol of our peace with those around us and the world.

Breaking of the Bread – We say/sing the 'Lamb of God Prayer' as the priest breaks the host.

Holy Communion – We come forward to receive the Body and Blood of Jesus and then return to our places to pray and thank God for this gift.

Prayer after Communion – A prayer of Thanksgiving after Holy Communion.



DISCUSSION & REFLECTION QUESTIONS

Before the video

- What does the Liturgy of the Eucharist mean to me?
- What does the bread and wine we bring to the altar represent?
- How can I prepare myself to participate in Communion?

After the video

- The Liturgy of the Eucharist means to me...
- The bread and wine we take to the Altar represents...
- I can prepare myself to participate in Communion by...

For more information and resources visit www.dioceseofsalford.org.uk/parishes/school-links/