You

**Young Adults Retreat**

5th – 6th November 2022

St Josephs Prayer Centre, Formby,

L37 1PH

**Timetable**

In preparation for Advent

Saturday 5th

The day will begin with Mass at 11am.

**Saturday 5th November 2022**

11.00am Mass

12pm Allocation of Rooms and Orientation

12.30pm Lunch (including briefing and reflective questions)

2pm Talk 1

2.30pm Personal Reflection Time

4pm Holy Hour (including opportunity for Reconciliation)

5pm Free Time

6pm Evening Meal

7pm Talk 2

7.45pm Small Group Reflections

8.30pm Evening Prayer

9pm Free Time

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**Sunday 6th November 2022**

8.30am Breakfast

9.15am Morning Prayer (followed by free time to pack and depart room)

10.30am Talk 3

11am Guided Reflection (including what next along your Faith journey)

11.45am Preparation for Mass

12pm Mass (followed by departures)